

T3C Specialized Training Resources

We researched organizations that provide training and/or consultation on some of the specialized training topics needed for specific T3C service packages. Below are some resources that you can check out to see if they are a good match for your organizational needs.

Specialized training to assist with specialized cognitive, therapeutic, and dietary needs for IDD/Autism Support Services package.

World Health Organization

- Website: <u>WHO eLearning Caregiver Skills Training for Families of Children with</u> (openwho.org)
- Services provided: Online training
- Brief Description: These easy-to-use e-learning modules will teach you different strategies to use at home with your child. This course focuses on supporting you on how to use every day play and home activities as opportunities for learning and development. Specifically, how to support your child to improve their communication, how to engage and interact with them, and how to encourage positive behavior and teach them new skills for everyday life.

Autism Training Solutions via Relias

- Website: Direct Support Professional Career Growth | Relias
- Services provided: Both training and consultation via Relias
- Brief Description: An online education company dedicated to training professionals and paraprofessionals within the field of autism and related behavioral disabilities. Through unique partnerships with service providers, schools and families, they are able to film real children, across the spectrum, receiving evidence-based interventions within their natural environments. By combining these interactive videos with online staff assessments and supervision, they have created a dynamic approach for staff training that has improved organizational training operations and created new success stories in the field.

Autism Caregiver Training (ACT)

- Website: <u>ACT = Autism Caregiver Training</u>
- Services provided: Both training and consultation. Training includes a 5-hour virtual certification course.
- Brief Description: Autism Spectrum Disorder (ASD) now affects 1 in 44, with diagnosed rates continuing to dramatically increase. Autism Spectrum Disorder is the fastest growing and most commonly diagnosed neurological disorder in North America. Due to the many challenges of living with Autism, including : communication; sensory; behavior; gross motor; fine motor; daily living skills and

more – this segment of the population is often unable to communicate pain, unable to maintain their own health & daily hygiene, show super heightened responses to sensory inputs and often cannot tolerate "regular" environments Medical, health, safety and daily living manifestations go undetected ... and untreated ... far more than the general population. This program will help understand the reasons for, preventative measures for and caregiving requirements for the many common manifestations as a result of living with ASD We will delve into dealing with challenging behaviors and communication barriers as a result of living with Autism, as well as the impact for your role of being an "Autism Care Specialist."

Advanced training in assessment and application of skills to support those with a limited ability to verbally communicate for IDD/Autism GRO population.

Texas SPED Support

- Website: Formal and Informal Assessment of Autism | Texas SPED Support
- Services offered: Training
- Brief Description: After completing the Autism Assessment Toolkit Part 4: Formal and Informal Assessment of autism, the participant will be able to discuss: the importance of the evaluation team vs. the tests and instruments used for assessment, the various informal and formal instruments used to assess, the information an assessor should gather during interviews with students, parents, and educators.

Autism Atrium Webinars

- Website: Autism ATRIUM WebiNAArs National Autism Association
- Services Offered: Asynchronous Training
- Brief Description: 6 part webinar on nonspeaking Autism. Topics include
 - How Well Do We Really Know Our Children? Coregulation for Communication Partners Presuming and Constructing Competence Apraxia and Ocular Motor Control Sensory Motor Differences Underestimated: An Autism Miracle

Specialized training to support evidence- informed parenting program for pregnant and parenting youth.

Parents as Teachers

- Website: <u>https://parentsasteachers.org</u>
- Services Offered: Evidence-based home visiting
- Brief Description: Parents as Teachers is a voluntary early childhood development program offering research-based curricula that help families raise children to be healthy, safe, learning and ready for school.
- *Partnering with Teen Parents Curriculum* This curriculum includes more than 1,100 pages of resources, parent handouts and activity pages specifically geared for teen parents. Some of the topics include:

- Adolescent development of life skills as they approach adulthood.
- Parallel development needs of teens and their infants/young children.
- Important role of the father, whether or not he is in a relationship with the child's mother.

Texas Nurse Family Partnership (TNFP)

- Website: <u>https://www.nursefamilypartnership.org</u>
- Services Offered: Evidence-based home visiting
- Brief Description: TNFP is a model where a nurse regularly visits the home of firsttime mothers or families with children under age two. Families start TNFP by their 28th week of pregnancy and can receive supports until the child reaches two years of age.

HIPPY (Home Instruction for Parents of Preschool Youngsters)

- Website: <u>https://www.hippyus.org</u>
- Services Offered: Evidence-based home visiting
- Brief Description: HIPPY empowers parents and carers to be their child's first teacher by providing support, training, and materials so they can engage in effective, developmental, and fun activities with their children in the comfort of their own homes. The program is based on a well-designed curriculum, parents learn by doing, and children love the special time with their parents

Additional Resources:

- Supporting Expectant and Parenting Teens: New Evidence to Inform Future Programming and Research https://www.ncbi.nlm.nih.gov/pmc/articles/PMC7497376
- Working with Pregnant and Parenting Youth: Healthy Parents, Healthy Children <u>https://teenpregnancy.acf.hhs.gov/sites/default/files/resource-</u> <u>files/Working_with_Pregnant_and_Parenting_Youth_FINAL_508.pdf</u>
- Evidence-Based Programs for Expectant and Parenting Teens <u>https://rhntc.org/sites/default/files/resources/opa_ebp_for_parenting_teens_profileg</u> <u>uide_2019-09-06.pdf</u>

Specialized substance use training for CPA staff and foster parents.

<u>Videos and Webinars | National Center on Substance Abuse and Child Welfare</u> (hhs.gov)

• NCSACW has produced a variety of videos and webinars geared towards child welfare, substance abuse treatment and legal professionals which can be used for training purposes. These videos and webinars cover a wide spectrum of topics and include downloadable handouts.

<u>Child Welfare Training Toolkit | National Center on Substance Abuse and Child</u> <u>Welfare (hhs.gov)</u>

- Module 2: Understanding Substance Use Disorders, Treatment, and Recovery
- The goal of Training Module 2 is to educate child welfare workers about substance use, treatment, and recovery. The module informs child welfare workers about

substances and their effects, the brain chemistry of addiction, and the continuum of substance use disorders (mild, moderate, and severe), explaining the signs and symptoms and their effects on children and families. This module provides an understanding of the treatment and recovery processes, and specifically how substance use disorders can affect family relationships and the dynamics of the families involved in the child welfare system.

Specialty Online Trainings (naadac.org)

- To expand its educational offering, NAADAC now offers specialty online training to address specific addiction treatment-related education needs. Both NAADAC members and non-members must pay a fee to access this education and receive a CE certificate.
- Practice Management, Administration, and Operation in the SUD Field, Part 1: Monitoring Quality Clinicla Documentation in Addiction Treatment
- Participants can access virtual education for free and for fee. Many webinar series to select from. They also have a series called Incorporating the Family into Treatment and Recovery.
- Participants will be able to describe quality clinical monitoring in the addiction treatment profession.
- Participants will be able to build a fidelity monitoring tool tailored to their program and an easy to implement fidelity monitoring system for counselors.

<u>Module 1 – Understanding the Multiple Needs of Families Involved with the Child</u> <u>Welfare System | National Center on Substance Abuse and Child Welfare (hhs.gov)</u>

- The goal of Training Module 1 is to provide child welfare professionals with information on a range of co-occurring needs that parents involved in the child welfare system might experience. This module discusses the needs of parents in the child welfare system who experience substance use disorders, mental health conditions, and trauma. Challenges related to bias and stigma are also presented. The module discusses the importance of collaborative, family-centered approach to identify and respond to families.
- Material provided/Need facilitator to present information

<u>Getting Candid: Framing the Conversations Around Youth Substance Use Prevention</u> <u>| SAMHSA</u>

- Getting Candid includes a message guide and tools to help providers talk to youth about substance use. This guide strives to meet providers where they are and to support their engagement with youth substance use.
- Material provided would need a facilitator.

Specialized training for CPA staff and foster parents for sexual aggression/sex offender support services.

Chosen

- <u>www.Chosen.care</u>
- Training
- Chosen offers curriculum/training on Problematic Sexual Behaviors. They have a range of trainings including introductory course, courses for staff and leaders and for caregivers.

Praesidium

- <u>https://www.praesidiuminc.com/</u>
- Consultation
- "At Praesidium, our mission is to prevent the sexual abuse of children and vulnerable adults and to preserve trust in respected organizations. Like yours. For more than 30 years, our experts have worked to prevent sexual abuse. Put our experience to work for you and those in your care."

Pegasus

- <u>https://www.pegasusschool.net/programs</u>
- Residential Treatment
- The overall goal of the Sexualized Behavior Treatment Program is to break the cycle of sexual abuse; stop the sexually abusive and other criminal or harmful behavior exhibited by the residents, ultimately resulting in no subsequent sexual offenses.

Enough Abuse- MassKids

- Understanding & Responding to the Sexual Behaviors of Children & Adolescents
- <u>https://enoughabuse.org/get-trained/live-programs/#4</u>
- This is an interactive tool aimed at increasing the knowledge and skills of parents and professionals to: Identify "developmentally expected" sexual behaviors; Distinguish those behaviors from problematic behaviors that are coercive, concerning, and/or illegal; Respond to all sexual behaviors in ways that promote healthy development and support affected bystanders.

Clinical and medical assessment, bonding, and de-escalation techniques

Trust-Based Relational Intervention

- <u>https://child.tcu.edu/about-us/tbri/#sthash.6daQIP3i.dpbs</u>
- TBRI® is an attachment-based, trauma-informed intervention that is designed to meet the complex needs of vulnerable children. TBRI® uses Empowering Principles to address physical needs, Connecting Principles for attachment needs, and Correcting Principles to disarm fear-based behaviors. While the intervention is based on years of attachment, sensory processing, and neuroscience research, the heartbeat of TBRI® is connection.

Handle with Care – Behavioral Management Systems

- <u>https://www.handlewithcare.com/</u>
- Handle With Care training is designed to impact on the thinking and behavior of direct care staff by teaching them how to work as a team in "real time real speed" interventions. It is a program that direct care staff believe in because it is rooted in practicality and common sense. Every verbal and physical component of Handle With Care training has been carefully integrated with the next, creating a system that is beautifully simple and coherent.

Therapeutic Crisis Intervention- Cornell University

- <u>https://rccp.cornell.edu/TCI_LevelOne.html</u>
- The goal of TCI is to prevent and de-escalate potential crisis situations before they reach a point where imminent harm requires use of a high-risk intervention such as restraint.

Ukeru Systems

- <u>https://www.ukerusystems.com/</u>
- Ukeru is a system based on receiving information communicated through someone's actions. It is the only restraint-free program that combines hands-on training, theoretical concepts, practical tools, and specialized equipment to safely manage—and diffuse—crises.

SAMA- Satori Learning Designs

- <u>https://satorilearning.com/</u>
- SAMA teaches least restrictive, safe ways to help manage a student in crisis until the student can regain control. It is part of the SAMA philosophy that it is easier to prevent behavior from occurring by using positive, proactive interventions. Helping Hand Homeutilizes.