TXPOP Post Permanency Model

The Texas Permanency Outcomes Project (TXPOP) is a practice model for public and private child welfare agencies in Texas to engage children and their families in achieving positive permanency outcomes. The TXPOP Post Permanency model has been adapted to assist professionals in working with children and families in the post permanency phase.

The model is relevant for professionals working in Child Placing Agencies or other community agencies that support children and families in post adoption and post permanency.

TXPOP Strategies









TXPOP tools and activities capture and share the families' voice and elevates their participation to ensure the family stays connected to the child's day to day life and activities. TXPOP works to enhance caregivers' engagement skills to help develop their relationship with the family, support stable placements, and include them in decision making and planning.

Child led tools gather meaningful information to develop plans that are focused on feedback from the child. The child's input can then be shared with everyone. Children are informed about what happened that led to child protection involvement and what everyone is doing about it in an age-appropriate way. This provides clarity for everyone and reduces the child's self-blame.

Routine, ongoing meetings made up of the families support network are held to provide opportunities where everyone can stay informed and be involved in supporting plans for the child's safety, permanency, and wellbeing. TXPOP practices engage the support network to ensure they are informed about the danger and risk, committed to the child's safety and wellbeing, and demonstrate they can take action to keep the child safe and secure.

Throughout the case there is a focus on balanced conversations that pay attention to what's working well along with everyone's worries to inform a more thorough assessment that leads to practical, and effective plans. Everyone works together to create and implement understandable, achievable, and behaviorally based plans that enhance the protection of children on a day-to-day and ongoing basis and supports the parents and anyone caring for the child. Families and the network are provided with opportunities to practice, review, and update how plans are working in order to build confidence that the plans will be sustainable long-term.

Tools and Strategies

Post Permanency Tools at a Glance

Genogram	Chat Box	Family Introduction
Three Houses	Network Circles	Network Finding Matrix
Future House	Transition Object	Words & Pictures Explanation
Personal Support Plan		



Genogram is a visual representation of a family that shows information about people and their relationships.



Chat Box is used to facilitate a balanced discussion with any stakeholder while also gathering information. It is most often used by the case worker/manager in their conversations with parents and in their monthly contacts with foster parents. The tool is grounded in three questions that focus on the worries, strengths, and what needs to happen.



Family Introduction is a tool that the foster family completes where they provide specific information about who they are and what their home is like. This tool helps children learn about the people they will be staying with while they are in foster care. The tool can be shared with the child's parents, so they have information about who is caring for their child.



Three Houses is used to help everyone understand children's and young people's views about what is happening in their lives and what they would like to see happen. The tool includes the 'house of worries', the 'house of good things', and the 'house of dreams'.



Network Circles is a tool used to help families and foster families think through how to begin identifying who could be a part of their support network. The tool consists of three concentric circles that the parent uses to categorize who is in their network, who they want to add to their network, and who they don't want in their network.



Network Finding Matrix is a tool that can be used internally by the case manager to prepare for conversations with families or foster families when for a variety of reasons, they are reluctant to develop their network.



TXPOP Practice Model Tool FUTURE HOUSE

The Future House is a tool that helps families think about their family's future and identify specific steps to reach their goals. It can be used to help parents or foster families identify and manage struggles or it can be used proactively to think about what they want their home to be like.



TRANSITION OBJECT

The Transition Object is an object that brings comfort and can help the child with transitions. The Transition Object may be a stuffed animal, picture, or other important object that the child can use during times of transition. The adults help guide the child in choosing a Transition Object.



Words and Pictures Explanation is a shared story developed between the parents and the case manager to explain the concerns to the child. The process involves and speaks directly to children. Case workers/managers and families work collaboratively to create a narrative with pictures. The goal is to answer, 'How did things get to be the way they are and what are we all doing about it?' for the child.



TXPOP Practice Model Tool
PERSONAL SUPPORT
PLAN

Personal Support Plan is an action plan for youth who demonstrate worrisome behaviors such as running away, using drugs or alcohol, self-harm, suicidal ideation, and other potentially harmful behaviors. There is a worksheet that helps you guide the parent, foster family, and youth through this process.



Contact Information:

Nelkasia Graves, ngraves@tacfs.org

Samantha Zuniga Thompson, samantha.thompson@austin.utexas.edu



